



INSIDE THE WAVES

The Official Newsletter of the Waves of Westlake

2010 Season Schedule

- June 12th—Time Trials
 - June 19th—@ Maximum Velocity Propulsion (L—304-266)
 - June 26th—@ Takoma Park (L—337-232)
 - July 3rd—@ Strathmore Bel-Pre (L--314-259)
 - July 10th—Theresa Banks @ WOW (L—324.5-241.5)
 - July 14th—”B” Meet vs Bannister @ WOW (6 pm)
 - July 17th—Bel Air Bath & Tennis @ WOW (L 328-243)
 - July 18th—Charles County Championship Meet (WIN!)
 - July 24th—A Division Championship
 - July 24th—Awards Banquet
 - July 31st—All Star Meet
- LET’S GO WAVES!!**

DIVISION STANDINGS

Takoma Park	5-0*
Teresa Banks	4-1
MVP	3-2
Belair BB&T	2-3*
Strathmore	1-4
WAVES	0-5

* BB&T forfeited to TP

WAVES ARE 2010 COUNTY CHAMPIONS!

2010 Charles County Meet

Westlake	392
Smallwood	290
Bannister	187
Indian Head	169.5
Hawthorne CC	139.5

Belair Bath & Tennis spent most of Saturday reminding the Waves in and out of the pool what life is like in A Division, and then on Sunday, Westlake relaxed and got back to their roots with our County rivals while winning their ninth straight title. How nice it was to get back home and remember why Summer swimming in Charles County is so much fun. Hats off to the Bannister Barracudas for hosting simply a great event!

On to Saturday’s regular season finale with Belair Bath & Tennis (who knew we weren’t supposed to say BB&T?). Once again the Waves proved that they certainly belong in A Division staying with the powerful BB&T squad well into the meet. The Waves captured 18 of 49 events, and 18 more second place finishes, including taking 8 of 9 races from events 33 thru 41. This week it was Christian Fisher who broke thru for the Waves first victory in event 5. As has been the 2010 pattern, the Waves conceded about a 40 point bulge early on and just couldn’t make up the difference, but in five meets this season, the Waves performed well and never lost by triple digits.

Anthony and Andrew Nguyen scored triple wins on the boys side with Kerrigan McMillen bringing home those honors for the Waves’ girls. In addition, our Kerrigan set a new Waves team record in the 8 & under girls backstroke! Anthony broke his own three team records in the 8 & under free, breast and back, and Andrew set a new team record in the 12 & under IM! Great job kids!!

Christian and Austin Fisher, Dustin Luehe, Ebony Sherrill, Matt Essing, Carla and Noemi Arquero and

Kendall McMillen all scored single winners.

On Sunday, the Waves were once again the rulers of the pool in breaking their own record of 8 straight titles, although the gap is clearly closing between the Waves and their county rivals. For the first time in three years, the Waves did not break the 400 point barrier. The 102 point winning margin was the smallest in five years.

The Waves dominated the five team meet by winning 24 of 49 total events, (an amazing 48% of the meet’s events) and captured seconds in 17 of the races. The victory’s overall impact included the setting of six new Charles County Championship records and four new Bannister pool records. Results and records information are available at the Waves website.

Anthony and Andrew Nguyen were triple winners; Austin Fisher, Brad Tipper, Amelia Tarlton, Kendall and Kerrigan McMillen, Noemi Arquero, and Alex Nguyen all brought home double winners; and Michael Bowlin was a single event winner. A fantastic job by all of our swimmers win or lose. Being selected to represent your team at the championship event is an honor in and of itself!

Overall, it was a great weekend for the Waves of Westlake! Now it’s on to the A Division Championship meet at Strathmore Bel Pre on Saturday! Let’s go Waves, we all know you’re going to represent us like true champions!

A huge thank you goes out to all our swimmers for the 2010 season. Whether you finished first, sixth or last, we are all very proud of how far you progressed this season. Looking to your left and right as you prepared to swim you saw some of the finest talent in the PMSL this season, and not one of you let us down. It can be very intimidating swimming with the elite teams of the PMSL and it’s hard to feel like you belong in that group, but as we all look back on the regular season, no one can ever say you didn’t belong in that group of teams. You hung in there and competed well! Congratulations!



PAGE TWO: SHOOT THE CURL

THIS TEAM...

DID YOU KNOW?

The 2010 NCAA Division I women's swimming champions are the Florida Gators and the Texas men overcame California on day two of the tournament to take their share of the title. In Division II the Drury College men's and women's teams claimed titles, while Kenyon College won their 31st men's title in Division III and Emory's women claimed the DIII title. NCAA Swimming rocks!

As the Summer sizzle fades slowly into cooler Fall breezes we turn our attention to high school sports, Raiders swimming, and a thousand and one other concerns far away from the PMSL season and our Waves. Parents will soon be making those decisions we've all had to make, such as what extracurricular activities are going to dominate the family's time and budget for the next year. Each activity offers something unique and precious in the life of a child, and we seem to run from one to the other each year as best we can. So as this Waves season comes to a close, it's my turn to make one pitch for bringing your swimmers back to us next year. What makes this team—with only a very short 9 weeks together—so special? Why choose the Waves over another sport or activity?

As a parent, we appreciate knowing that our kids are safe and loved even when we can't be with them. To know that others care about them and, for a few hours a day, are cheering them on as much as their own children is priceless. So here's why you should consider coming back:

This team...is Tom Belote, who's daughter Abby couldn't swim this year due to injury, but showed up every week to volunteer as an official...it's Jan McCool, who's missed her own children's events working in the snack bar to keep everyone well fed...it's Gregg Sato, who stands for four hours every Saturday as an official despite two bad knees...it's Lisa Hasz and Melissa Tipper trying to keep the swimmers flowing to their events and missing most of every meet...it's Bonnie Impastato, working days and nights before each meet with our opponents to en-

sure every one of our swimmers get a chance to compete...it's Steve Fisher and Doug Luehe who every week work the data center so efficiently but out of sight of their own kids...it's Deb Essing and Deb Luehe working every night of the week to stock two snack bars to maximize profits for the team...it's Ron Liberi and Steve Wall, drenched in sweat every Saturday morning by 6:00 am trying to get the pool ready long before most of the swimmers even get awake...it's Gail Tarlton standing on deck working with the starters and officials to ensure we get the meet moving swiftly through the morning and usually unable to cheer on her daughter even in her last year as a Wave...it's Melanie Bowlin weaving in between timers and officials to get that perfect picture of our kids as they come to the wall...and it's dozens more just like them all working as volunteers because it's that important to us to give your child a wonderful, safe, family experience for two months each Summer. This team...it's special to all of us. Your child...is important to all of us. When your child is a Wave, we can't promise to make them Olympians or even a heat winner. But we do promise to care for your child, to cheer them on when they struggle, to offer our shoulder when they cry, to exult with them when they overcome the odds, and to be proud of them no matter where they finish. We are the parents of the Waves of Westlake, and we have room in our hearts for each of your children along with our own. That's what makes this team special. That's why you need to come back in 2011, and bring friends with you. And all we ask is that you be there for our children too. Have a great offseason, and see you next Summer!

ENDLESS SUMMER, THE LAST WORD

I wanted to take a moment to thank our swimmers in the older age groups this season. I have watched this group of young men and women and enjoyed seeing how they interacted with the younger children. I've been totally impressed by their maturity and willingness to be supportive to our younger swimmers. When my kids were younger, their first heroes were the 15-18 year olds. They tried so hard to get their attention and to

spend a moment with them on their laps or hanging off their backs laughing. It meant a lot to us as parents but far more to the kids. In a world where professional sports figures far too often let our kids down, it's fantastic to have such a great group of older kids that take so much time to make the younger ones feel important and part of the team. I've watched them come to the pool's edge to cheer the newest swimmers on, shared one of

their iPod earphones during a break, helped lift them from the pool or just let them lay their heads on their shoulder under the pavilion between events. One of those sights that just makes you smile a little during the day! Nice job gang; never forget that being a role model to a child is something so important. The smaller ones will never forget you and that's a form of flattery you should never turn down! *Once a Wave, Always a Wave!*

WAVES OF WESTLAKE, LET'S DO IT AT DIVISIONALS!!