



INSIDE THE WAVES

The Official Newsletter of the Waves of Westlake

WAVES ALL ALONE IN FIRST! BEAT BSR!

2009 WAVES SCHEDULE

JUNE 20—Silver Spring Tsunami @ WOW (WIN 285-200)

JUNE 27th—WOW @ Greenbelt (WIN 332-231)

JULY 4th—BelAir Swim & Racquet @ WOW (WIN 313-263)

JULY 11th—WOW @ Whitehall Pool & Tennis

JULY 18th—Montpelier @ WOW

JULY 19th—Charles County Championships!

JULY 25th—Division B Championship Meet

JULY 25th—Awards Banquet

AUGUST 1st—All-Star Meet

You can now scan results, top times, standings and all the pertinent info from every summer league in DC, MD and VA! Finally! Summer Leagues are recognized all over the area. Just go to www.reachforthewall.com and read the great info. The Waves also have their own webpage on the site...click on PMSL, then Westlake, and our latest story of victory is there. It's an interactive site and allows you to leave comments or post your own stories about the Waves!

Another perfect day for swimming, another week with a perfect record for the Waves of Westlake. This week the veteran Waves faced off with their toughest nemesis in Belair Swim and Racquet, a team loaded with talented swimmers, deep and strong in almost every stroke. Both teams entered 2-0 with the mid-season lead on the line in B Division, but when all was said and done, it was the Waves who continued their strongest season in years.

Once again the relays were dominated by Waves. The 200 medley relay of Matt Cooke, Zach Stephens, Trey Lutich and Jamie Hibbert set a pool record; and the girls 200 medley relay of Kendall McMillen, Ebony Sherrill, Amelia Tarlton, Kelsey Hare broke their own team record from two weeks ago.

The trio of Nguyen boys brought home 9 wins this week as they all scored triple wins. Excellent job guys!

Double winners for the Waves were Logan Hare, Abby Belote, Christian Fisher and Noemi Arquero. Bringing home single wins were Ebony Sherrill, Katalina Martinez, Cole Holloman, Zach Phaup, Matt Essing, Carla Arquero, Austin Fisher and Maria Ray. You all rock.

The depth of the Waves this year sometimes leaves swimmers names out, but whether you brought home a

win, scored points from another position, or worked hard in your event, every swimmer on this team deserves credit for being a part of the team's success.

I can't leave out some sharp performances from BSR swimmers. Adam & Geordie Enoch, Alex Yaculak, Mary Wenzel, Michael Cooke, Nandi Ross, Natalie Leinbach, and Amanda Barber all did a great job keeping BSR alive in this one as some other key swimmers were attending a relay event at Ohio State. BSR is a class group of swimmers and parents and always a gracious opponent, win or lose.

Next up for the surging Waves is a tough road meet at Whitehall Pool & Tennis in Bowie. This is a meet where if the Waves don't bring their A game, WPT can certainly put the division back into a multi-team race for the trophy.

As all six teams have learned from the last three years of competition in this Division, anyone is capable of pulling off the upset. So join the Waves caravan leaving Waldorf next Saturday and let's put this one in the win column! As always, keep those coolers small, and patronize WPT's snack bars. It's so important to our opponents to help them also keep their income flowing for the future. We've been very lucky to have our five rivals in the division...it's not only very competitive, but some of the best folks in the PMSL to spend a few hours with. Let's go Waves!!

B DIVISION REACHES CRITICAL MID-SEASON!

2009 B Division

Westlake	3-0
Belair S&R	2-1
Whitehall	2-1
Silver Spring	1-2
Montpelier	1-2
Greenbelt	0-3

Whitehall Pool and Tennis continued their strong season with a win over Silver Spring to once again set up a battle with the Waves for first place in B Division. Whitehall won a critical meet with the Tsunami 291-264, and for the second straight week, the Waves will need to win to hold onto first place in a very competitive division. Elsewhere Saturday, Montpelier was able to get their first win of 2009 and climb back into the Division race with a sparkling 288-278 win over winless Greenbelt on the road.

In week four, while the Waves and WPT are battling it out for first, Belair S&R will travel to Montpelier for a huge matchup that may decide who has a shot at second in the division.

At Silver Spring, Greenbelt will attempt to make a foray into the division's win column against small but talented Silver Spring. The Tsunami, with a win over Greenbelt, can climb back to 2-2 with one meet remaining before the division title meet on July 25th.

Charles County Championships, Sunday, July 19th; B Division Championships, July 25th,



OLUP, HORKEY PACE HAWTHORNE!

Although Hawthorne CC fell to 1-2 on the season, Haley Horkey and McKenzie Olup ruled the pool as triple winners against Kingfish. Hawthorne remains a talented team short on numbers, but deep on great swimmers.

Smallwood slipped to 0-3 on the season after a 2 point loss to Ft. Washington. The Marlins are struggling to get a win in 2009 but are still building for 2010.

Indian Head regained form in 283-238 win over the Roger Carter Seals, rising to 2-1 on the young season. Hannah Hagadorn continues to pace the Torpedoes in 2009.

Bannister continued its strong PMSL season with an impressive 303-243 win over Laurel City. The Cudas go to 3-0 on the season with Jake Scannapieco tripling for the winners.

NEWS AND NOTES FROM AROUND THE PMSL

Takoma Park remained unbeaten in A Division with a crushing victory over winless Strathmore Bel Pre. Belair Bath and Tennis won their second straight to remain in the hunt for the PMSL's top division title by edging past a strong MVP team 300-279. Theresa Banks also sits at 2-1 in the division after a 315-253 win over winless West Laurel.

Over in C Division, West Arundel made

it three straight comfortable wins, this time over New Carrollton. WA continues to show the type of talent needed for a move to B Division next season. In D Division, the Russett Sharks left little doubt that they also are looking to move up. The Sharks dominated again for a 3-0 record in a 319-236 win over Pointer's Ridge.

Down in Division F, Temple Hills got their first big win over Prince Georges Pool and climbed back into the division race at 1-2.

Great Comments from a BSR Fan!

Late in the meet last Saturday, a swim Dad from BSR pulled me aside and gave us some heartfelt compliments that really made me feel good. He said that his family looks forward to coming down to Waldorf and swimming against the Waves because our fans make them feel welcome and our swimmers are such great sports, always extending a congratulations to other swimmers. He also said that when swimming against other teams, many parents have said that their last trip down to Southern Maryland to swim with

the Waves was a great experience. That's really what it's all about folks. Win or lose, if we can make someone's Summer experience a little nicer then we've done our jobs. The kids work so hard all Winter on swimming, school and homework...the Summer is for a little friendly competition and letting the kids just be kids for three months. Keep volunteering, keep making our kids smile, and keep that Waves hospitality flowing. Word does get around the league about us, and it's very nice to hear! The Waves (and our B Division rivals) rock!

DID YOU KNOW?

Summer swim teams

compete against Soccer,

Baseball, Flag Football and

other Summer sports for

fund raising dollars. It's so

important to help not only

your Waves but to be

gracious visitors too! Leave

the coolers behind and

help all our Division teams

stay afloat for next season

by patronizing their snack

bars!

TWO TROPHIES IN TWO WEEKS? DIVISION AND COUNTY CHAMPIONSHIPS ARE COMING!!

For late-breaking Waves news: www.wavesofwestlake.info