



INSIDE THE WAVES

The Official Newsletter of the Waves of Westlake

WAVES FLIRT WITH PERFECTION!

2009 WAVES SCHEDULE

JUNE 20—Silver Spring Tsunami @ WOW (WIN 285-200)

JUNE 27th—WOW @ Greenbelt (WIN 332-231)

JULY 4th—BelAir Swim & Racquet @ WOW (WIN 313-263)

JULY 11th—WOW @ Whitehall Pool & Tennis (WIN 325-244)

JULY 18th—Montpelier @ WOW (WIN 331-244)

JULY 19th—Charles County Championships! (WIN! 8 STRAIGHT!)

JULY 25th—Division B Championship Meet

JULY 25th—Awards Banquet

AUGUST 1st—All-Star Meet

WAVES MAKE HISTORY!
FIRST COUNTY TEAM TO
CAPTURE 8 STRAIGHT
COUNTY TITLES



2009
GO WAVES!

2009 B Division

Westlake 5-0
Belair S&R 4-1
Whitehall 3-2
Silver Spring 2-3
Montpelier 1-4
Greenbelt 0-5

Charles County Meet

Westlake 451.5
Indian Head 218.5
Smallwood 217
Bannister 147
Hawthorne CC 137

Over the course of about 30 hours this weekend, the Waves of Westlake swimmers made County history and achieved step two of three in their quest for a perfect 2009 season. On a great swimming Saturday, the Waves followed up last week's clinching of the regular season B Division title by completing a perfect 5-0 season with a 331-244 victory over the Montpelier Marlins. The victory snapped a four meet losing streak to the always difficult Marlins. How tough are the Marlins? They captured the first three individual events of the day, but then the Waves kicked it into overdrive to take 31 of the next 41 events. Still, the Waves were unable to build on a 30 point lead until two-thirds of the meet was completed. In the process, Waves swimmers captured six more records. Andrew Nguyen set a WOW record in the 9-10 boys 25m backstroke and a pool record in the 9-10 boys 50m freestyle. Anthony Nguyen took pool records in the 8 & under 25m breast and 25m freestyle, then topped those with a WOW record in the 8 & under 25m backstroke. Alexander Nguyen broke a pool record in the 11-12 boys 50m backstroke. What a great performance by all three boys!

Triple winners for the Waves were Abby Belote, Ebony Sherrill, Anthony Nguyen, Andrew Nguyen, and Susan Duncan. Double wins went to Katalina Martinez, Noemi Arquero, and Darian Bassett. Single winners were Emily Dale, Logan Hare, Brad Tipper, Xavier Hall, Carla Arquero, Alexander Nguyen, Austin Fisher, Kendall McMillen, Maria Ray, and Allison Duncan. Montpelier swimmer Dylan Buehler set a pool record in the 11-12 boys 50m butterfly, and Suzannah, Nick

and Joe Mills all shined for the Marlins.

The critical win for the Waves means that they will be favorites to capture their first B division title in six years if they can score in the top two of the six teams competing at Belair Swim and Racquet's pool next weekend. BSR finished just behind the Waves at 4-1, losing only head-to-head with WOW earlier in the season. Whitehall maintains an outside shot at the title if the Waves and BSR were to stumble badly at the championship meet. The Waves nearly pulled off an astounding upset at the divisional meet a year ago from the third spot, so nothing is guaranteed. Should be fun!!

On an equally beautiful Sunday, the Waves set a county meet record by scoring 451.5 points and captured their 8th straight title, besting the record of 7 straight held by Hawthorne CC. The Waves were simply too powerful to keep this one close.

Setting pool records was a trend that continued on Sunday. The boys 200m Medley Relay of Matt Cooke, Zack Stephens, Trey Lutich and Jamie Hibbert set a Charles County Meet record, while the girls 200m Medley Relay team of Kendall McMillen, Ebony Sherrill, Amelia Tarlton and Kelsey Hare set a Westlake team record. Andrew Nguyen set a County meet record in the 9-10 50m freestyle and Anthony Nguyen set a County record in the 8 & under 25m backstroke.

Triple winners were the "brothers Nguyen", as Alex, Anthony and Andrew brought home 9 big wins. Double winners were Logan Hare and Zach Stephens. Single winners were Matt Essing, Brad Tipper, Katalina Martinez, Cole Holloman, Abby Belote, Carsen Essing, Christian Fisher, Susan Duncan, Ebony Sherrill, Carla Arquero, Austin Fisher, Kendall McMillen, and Maria Ray.

All in all the Waves brought home wins in 26 of the 46 individual events and 3 of the 5 relays.

Congratulations to our swimmers, best in the Division, best in the County!! And congratulations to a great coaching team of Seth Rose, Susan and Christine Dunleavy, and Nathan Stephens! Finally, congratulations to Megan Cooke, Danielle Pederson, Kelsey Hare, Mike Zick, Jamie Hibbert and Trey Lutich, our great age outs—all off to college in the Fall. **Be safe, have fun, come home lots, and we love you all!**

WAVES OF WESTLAKE, 2009 CHARLES COUNTY CHAMPIONS!



CHARLES RIVALS FINISH REGULAR SEASON

While the Waves were completing their first undefeated season in six years in B Division, our county rivals were putting finishing touches on 2009 in D and E Divisions. Smallwood and Indian Head both finished 2-3 in a competitive D Division, with the Marlins besting the Torpedoes head-to-head. In E Division, Bannister continued their strong run, despite losing to Kingfish Swim Club, by finishing 3-2. Hawthorne CC managed a 2-3 record this season despite being outnumbered. A testament to their talent across many age groups. Overall, our county rivals had strong seasons and some great individual performances.

McKenzie Olup, Haley Horkey, Jake Scan-

nipeco, just being a few. Good luck to the Barricudas, Torpedoes, Gators and Marlins this weekend in their divisional championships! Talking to some of the swim parents on Sunday, our rivals are facing challenges in getting swimmers to join these past few years. Something the Waves have been fortunate enough to survive despite the lack of support for swimming in the region. Once again this season, over 50% of the pools in DC and Baltimore were deemed unacceptable for competitive swimming. Your support, and the success of our swimmers, are great ambassadors for the sport. Support the Sport! *Swimming Rocks!*

DID YOU KNOW?

John Stephens and Gregg

Sato depart WOW as

team president and

treasurer on July 25th.

They take with them the

pride of an 8-2 regular

season record over their

two year stint, two Charles

County Championships,

and (hopefully) one B

Division Championship!

Thanks for two great years

John and Gregg, two swim

Dads who really care

about our team.

NEWS & NOTES FROM AROUND THE LEAGUE

Takoma Park finished with a 5-0 record, dominating A Division. BB&T and MVP will try to upset them at the divisional meet next week, but they are an incredible team. West Laurel finished 0-5 this season but sported some solid times along the way. Old rival Strathmore finished 1-4, and our friends at Theresa Banks had a 3-2 finish.

In Division E, has anyone noticed Kingfish Swim Club? KSC had a perfect 5-0 season and will surely be on the move for 2010.

Following a pattern similar to MVP a few years ago, KSC looks to be a power team.

In Division C, Adelphi finished 5-0, and West Arundel a solid 4-1, in a strong division. Division C has always been a great division to compete in with extremely talented teams just on the verge of battling back to the top. New Carrollton, an old Waves rival, struggled but are sure to be stronger in 2010. Congratulations PMSL on a great 50 YEARS! The PMSL is not the biggest league in the region, but all 39 teams provide some great talent in every division. If you have a chance on August 1st, the All-Star meet at Whitehall is something you need to see and it's a short drive from home.

PARTY TIME! WAVES BANQUET JULY 25TH!

What better way to cap off a perfect season than to gather together one more time and have a party! The annual Waves Awards Banquet is Saturday, July 25th at the Dorchester Neighborhood Center. Come out and eat, swim, dance, or just relax by the pool. It's our season ending congratulations for our Waves on their best season in six years! Be sure to check out the Waves website to ensure you have all the details!

And as the season winds down, it's also time for us to thank everyone this year for their tremendous outpouring of support for our

kids. I cannot remember a year where so many new swim parents stepped up and volunteered. We all know how hard it is to balance work schedules with weekend events, but you all did it this season! From the timers to ribbon writers, clerk of course to snack bar workers, from t-shirt sales to deck officials, we never had to ask twice for help this season and it means so much to the team. It's been a great season of giving our swimmers a wonderful Summer of memories. We hope each and every one of you come back next season. Finally, to all of our swimmers, every one of you, **YOU DID IT!!!** Here's to 2009, and we'll see you again, our friends, in 2010.

THE QUEST FOR THE PERFECT SEASON CONTINUES! B DIVISION CHAMPIONSHIP MEET, JULY 25TH

For late-breaking Waves news: www.wavesofwestlake.info