



INSIDETHEWAVES

The Official Newsletter of the Waves of Westlake

2011 Season Schedule

- June 11th—Time Trials
- June 11th—PMSL Clinic
- June 18th—Greenbelt @ WOW
- June 25th—@ West Laurel
- July 2nd—BelAir Swim & Racquet @ WOW
- July 9th—@ Adelphi Recreation
- July 16th—Whitehall Pool & Tennis @ WOW
- July 17th—Charles County Championship Meet
- July 23rd—B Division Championship Meet
- July 23rd—Awards Banquet
- July 30th—All Star Meet

LET'S GO WAVES!! 2011 IS OUR YEAR TO SHINE!

DIVISION STANDINGS

WAVES	0-0-0
Belair S&R	0-0-0
Whitehall	0-0-0
Greenbelt	0-0-0
Adelphi Rec	0-0-0
West Laurel	0-0-0

WELCOME TO THE 2011 SEASON!

Welcome returning swimmers and families, and a special hello to our new team members and swim parents! The 2011 season is NOW, and there is some exciting news to bring you up to date on.

When we last left you in August, the Waves were coming off an impressive NINTH straight Charles County title, swimming impressively at the A Division Championships and All-Star Meet, and saying our goodbyes over hugs and some tears.

It seems like only yesterday that the Waves swimming suits were being hung to dry after a challenging 2010 season filled with individual and team achievements.

For 2011, the Waves have been placed in B Division, meaning that for the 10th straight season, the Waves are considered among the elite 12 teams in the 40 team Prince Mont Swimming League! And this season brings competition from some old friends and new foes. We'll open the season at home with Greenbelt Municipal. Once again they join the Waves and remain one of our longest rivals and friends in the pool. Let's really show our support for Greenbelt, they've always been great hosts to our kids. West Laurel, is our next opponent, and boasts a team that for 7 years resided in A Division. They are a very tough team and will be a great early test. BSR comes to WOW for a July 4th weekend celebration in week 3. BSR is always a difficult meet and they take their swimming very seriously. In week 4, the Waves travel to new rival Adelphi Recreation. Adelphi has been around for a very long time yet faces the Waves for their first time ever. In week 5, Whitehall rolls into Waldorf as one of Bowie's big three, with BSR and BBT. Then the very next day, and

our only Sunday meet, the Waves will go for "A Decade of Domination!" as they face our county rivals Hawthorne, Bannister, Indian Head and Smallwood in the Charles County Championships.

The post season will be just heating up on July 23rd as the Waves will face off in the B Division Championship Meet and then on the 30th send the best of the best to the PMSL All-Star Meet!

For our newest swimmers and parents, you have just joined one of the biggest families you'll ever be a part of! And once a Wave, always a Wave! Come out and participate, volunteer and enjoy the atmosphere at Hampshire Pool for Summer 2011. As my kids found out so many years ago, the Waves are determined to make each of you feel welcome and a part of a great tradition. Remember, we don't care where you finish, just that you tried your best and had fun doing it. Every swimmer, no matter how accomplished or how new to the sport, is an equal part of a great Waves tradition. I think you'll come to realize very quickly that this is a special extended family of friends and teammates. Take time to enjoy all we have to offer and don't hesitate to ask one of us "oldtimers" how it all works. It can be overwhelming at first, and the rules a bit odd, but THIS is the best Summer experience available in Charles County!

Stay tuned to "Inside the Waves" for this season's news, including how the swim Dads are faring in the Westlake Fantasy Football League. This is your team, your Summer family, and for the next three months, it's all hard work and a lot of enjoyment for everyone. Time to jump in the pool, shake off that chilly water...and...just....SWIM!!

GO WAVES 2011!! Rule the Pool in B Division!



PAGE TWO: SHOOT THE CURL

CHARLES COUNTY SWIMMING NEWS

DID YOU KNOW?

The Southern Maryland Blue Crabs baseball team made the playoffs again this past Fall and despite falling just short of the ALPB title, still provide a Summer's worth of fun and excitement in Waldorf. Get out and support the Blue Crabs!

And congrats to Regency Furniture Stadium—just voted 3rd best ballpark in America by USAToday! Go Crabbies!!

If you're a new Wave family, you may not have heard what keeps the Summer so hot in Charles County. It's our rivalries with our friends across the region who also compete in other divisions throughout the PMSL. Topping the list are our friends "across the way", the Smallwood Marlins. Smallwood has competed for many years in many different divisions in the PMSL. The Bannister Barracudas may be small in number, but long on talent! They are a force to be reckoned with in their division every year. Hawthorne Country Club boasts several of the areas very best swimmers and never fail to disappoint. A little further down the way, the Indian Head Torpedoes have been rocking the pool for many years, and this year hope to field one of the best teams they've

had in many years. The Torps should never be taken lightly! Along with the Waves, these four teams strike fear in the hearts of our PMSL rivals to the North. Charles County swimming is on the rise both in the Summer and throughout the Southern Maryland Athletic Conference high schools. Each year, on the Sunday following the final regular season meet, the five County teams meet for bragging rights and to lay claim to the coveted Charles County Championship. In 2010, the Waves became the first team to capture the title for an unprecedented ninth straight season. In 2011, the Waves will be out to make it "A Decade of Domination!" It's the best meet of the year, make sure it's on your calendar for must see swimming fun!

NEWS FROM AROUND THE PMSL

The PMSL is the second largest Summer swim league in the area, boasting seven divisions and 40 teams for 2011. The "elite six" in the A Division bring some of the best talent in Maryland, including two indoor facilities and several year round teams. This column each week will bring you news and notes from around the PMSL's seven divisions as each of the 40 squads vie for their respective titles. Go to www.princemont.org, click on 2011 results and stay in the know. And don't forget to visit the Washington Post's own reachforthewall.com! The only website dedicated to local swimming competition throughout Maryland, Virginia and the District. This newsletter can be found on reachforthewall.com and search for "Waves of Westlake". This newsletter

and the Waves websites will keep you abreast of all the happenings in the PMSL and for our kids this Summer from the start of time trials through the end of the season, and hopefully culminating in raising the Charles County trophy and B Division banner once again this season.

The last time the Waves were in B Division in 2009, we shocked the PMSL with another championship season. While A Division competition was challenging, nothing quite beats the rivalries of B Division!

Be here each week to follow your Waves to victory!

ENDLESS SUMMER, THE LAST WORD

The 2011 season is here and the challenge is on to compete in B Division of the PMSL! You are part of one of the longest lasting and respected traditions in Charles County—the Waves of Westlake Swim Team! We all want the best for our children, and I can't think of anything better than to provide them with two months of fun, teamwork, and smiles.

Many children have gone before yours wearing the Waves colors, and they all come back year in and year out to cheer on their successors. We have welcomed back lawyers, college students, business women and men, and all of them got their start right here with our Waves. The pool water is chilly, the sun is hot, the volunteering takes your time and

your sweat, but believe me, it will all be worth it! The Waves board, officials, deck volunteers and our returning swimmers wish you a wonderful, splash-filled Summer! Be a part of it all by helping out in one of many ways that our swim parents can make a difference for all of our kids. Surf's up, Catch a Wave!! GET IN THE POOL!

A DECADE OF DOMINATION! Charles County Champions!