



# INSIDE THE WAVES

The Official Newsletter of the Waves of Westlake

## 2011 Season Schedule

June 18th—Greenbelt @ WOW (Win! 291-272)

June 25th—@ West Laurel

June 25th—WOW Night with the Blue Crabs!

July 2nd—BelAir Swim & Racquet @ WOW

July 9th—@ Adelphi Recreation

July 16th—Whitehall Pool & Tennis @ WOW

July 17th—Charles County Championship Meet

July 23rd—B Division Championship Meet

July 23rd—Awards Banquet

July 30th—All Star Meet

LET'S GO WAVES!! 2011 IS OUR YEAR TO SHINE!

## DIVISION STANDINGS

<b>WAVES</b>	1-0-0
Adelphi Rec	1-0-0
West Laurel	1-0-0
Belair S&R	0-1-0
Whitehall	0-1-0
Greenbelt	0-1-0

## WAVES HOLD OFF GREENBELT!

After a winless 2010 season in which the Waves received little credit for an impressive showing in the A Division, the slimmed down team was determined to get back that winning feeling even if the opponent was a familiar and talented foe. Greenbelt's team has been showing their depth of talent for several years and 2011 appeared to be no different as the spirited Barracuda came in force to Hampshire pool.

The Waves were able to hold Greenbelt at arms length throughout the meet and held on to an impressive season opening victory 291-272. It was the Waves first regular season meet victory since July 2009 and served as a great tune up for a very talented West Laurel away meet next Saturday.

Among some very impressive performances was a warm welcome home to Abby Belote, coming back strong from her shoulder injury a year ago. Abby we missed you and it's great to see you churning bubbles again!

The Waves garnered a 50-42 edge in relay points while capturing first place in 28 of 49 overall events.

The Waves triple winners were Anthony Nguyen, Emily Decker, Andrew Nguyen, Carla Arquero, Alexander Nguyen, and Denny Nguyen; and, single wins from Noah Gibson, Noemi Arquero, Christopher Dang, Xavier Hall, Susan Duncan, Myles Ellis, and Riley Hayes. Great job gang!

Hats off to all the Waves, and remember, it doesn't matter where you finish, just that you gave it your best and never quit! That's what being a Wave is all about. It's a great day when you watch the newest Waves struggle across the pool at first, and grow a little bit each week.

Next Saturday the Waves famous traveling caravan takes to the road for the season's first away meet. And what a meet it may be! West Laurel lost their spot in A Division to the Waves in 2009, and now they want it back. This could be the battle of 2011 as both teams try to take a major leap in the race for the Division B title. West Laurel scored an impressive 307-267 victory over always tough Whitehall Pool and Tennis this week. This is the Waves first ever trip to West Laurel so lets be sure and show how we travel in force to support our kids! Just as important, let's show our great opponents that we support them too by packing light and frequenting their snack bars. Every penny is crucial to Summer swim teams. Be a great team and clean up your trash and if we can help them get their pool back in shape after the meet, please lend a hand. The Waves have a great tradition in the PMSL of being great hosts, but even better visitors. Stay in touch with our coaches on the times our swimmers need to be at the pool. Don't be late! Warm-ups for the visitors will come early.

In other hot B Division action, Adelphi Recreation downed Belair Swim and Racquet 301-268. BSR will be the Waves opponent on July 2nd as Hampshire Pool decks itself out for an Independence Day showdown!

This weekend continues with Greenbelt hosting Adelphi Rec in a critical meet for the Cudas. BSR and Whitehall faceoff in Bowie in a battle to stay in the division race early. The division is stacked this season and looks to be a battle right down to the final weekend of the regular season. Don't miss one event this season...come out and cheer on our Waves and bring your friends!



# PAGE TWO: SHOOT THE CURL

## CHARLES COUNTY SWIMMING NEWS

### DID YOU KNOW?

What can be better on a Summer evening than baseball and fireworks? Baseball, fireworks and the Waves of Westlake!! On Saturday, June 25th, the Southern MD Blue Crabs, our own professional baseball team hosts the Long Island Ducks and it's Waves Night at Regency Furniture Stadium, recently voted third best minor league baseball stadium in America!! If you haven't been there for Saturday night fireworks, you're in for a treat as the Blue Crabs always put on a great show! Join us all for baseball, fireworks and a Waves celebration!

The opening of the 2011 PMSL season arrived last Saturday with three Charles County rivals hosting their first meets of the season. Our friends and neighbors across 301, the Smallwood Marlins, had another heart-stopper Saturday dropping a close decision to Ft. Washington 289-286. The Marlins are the cardiac kids of Charles County as it seems every week for the last three years it's come down to the last event of the day to decide the winner. Go Marlins! Get em next time. Indian Head faced a daunting task for their opener, having to swim against the up and coming Calvert County entrant Kings Landing. Kings Landing boasts the largest team in Southern Maryland drawing talent from all over Calvert and they showed the effects by downing the Torpedoes

317-230. C'mon Torps! You'll be back strong this week. Hawthorne Country Club opened with an impressive victory over Laurel City 324-230. the Bannister Barracudas travelled to Prince Georges Council, but results were unavailable in time for this newsletter.

The Charles County Championships are now just four short weeks away. The Waves have dominated the coveted trophy nine years running, but don't count out our rivals this year. The Waves will need a strong performance this year to hold off our friends and take it home again. Our 18 year old swimmers were just 9 years old when we captured the trophy the very first time in this streak. Can you imagine!? Let's go make it a decade of dominance!!

## NEWS FROM AROUND THE PMSL

All 39 of the PMSL's teams were in action this weekend with some amazing results in every division. But let's focus on last year's home to the Waves, the elite six in Division A. Silver Spring Swim Team who replaced the Waves for the 2011 season found out the hard way how tough life is in the top division. Takoma Park splashed to a big win over the small and talented SSST 327-197. Theresa Banks swam past Strathmore Bel Pre 301-271 and Maximum Velocity Propulsion prevailed in a tough meet with Belair Bath & Tennis 297-273. The three winners all look to make the 2011 finish in A Division a wild one. BB&T can certainly pull off a win against any of the remaining undefeated and SSST could play a spoiler role by stealing points away in the division

championship meet. Down in C Division, it appears to be a changing of the guard! Old favorites like Montpelier have faded a bit as the new challengers rise to the top. Kingfish continued their charge to battle for a spot in the elite 12 while North Ridge and Marlton Swim and Racquet won their openers over old C Division rivals. All three have quietly moved through the ranks of the lower divisions to become a force to watch in 2012. Any slip by a B Division team could open a slot for the winner this coming Fall.

Stay tuned to this space as all the divisions race to the wire for banners at the championship meets! Another great PMSL season appears to be on tap!

## ENDLESS SUMMER, THE LAST WORD

The Waves send out a huge thank you to all the volunteers at Saturday's meet. It takes 35-40 parents every week to get a meet fully staffed and it's always a challenge to find enough willing volunteers. If you can help out with pool setup, breakdown, timing, ribbon writing, or in the snack bar, please let us know. Some of the parents at the data tables

and sweating it out in the kitchen making all that great food hardly get out to see their kids swim, so please lend a hand so everyone can take enough time to watch their own swimmers. And how about our announcer Mr. Gibson! He's been keeping us in the know on the scores and spinning the tunes! (Ok, spinning tunes doesn't happen anymore, but

I'm that old!) Please take the time to thank him when you walk by the guard shack, and all the great moms working at the snack bar or Terri Cooke working to get those profits booming at the swim clothing table. We do it for your kids, our kids and our team. Share the love and volunteer. It's your team too and we need you desperately!

***A DECADE OF DOMINATION! Charles County Champions!***