



# INSIDETHEWAVES

The Official Newsletter of the Waves of Westlake

## WAVES SLIP PAST WAHOOS; GO 2-0 !

### 2011 Season Schedule

**June 18th—Greenbelt @ WOW (Win! 291-272)**

**June 25th—@ West Laurel (Win! 295-280)**

**July 2nd—BelAir Swim & Racquet @ WOW**

**July 9th—@ Adelphi Recreation**

**July 10th—Guppy Meet @ Smallwood**

**July 11th—TEAM PICTURES!**

**July 16th—Whitehall Pool & Tennis @ WOW**

**July 17th—Charles County Championship Meet**

**July 23rd—B Division Championship Meet**

**July 23rd—Awards Banquet**

**July 30th—All Star Meet**

### DIVISION STANDINGS

<b>WAVES</b>	2-0-0
Adelphi Rec	1-1-0
West Laurel	1-1-0
Whitehall	1-1-0
Greenbelt	1-1-0
Belair S&R	0-2-0

It was a beautiful day for a swim meet, and the Waves held off a talented and deep West Laurel team 295-280 to become the only undefeated team in B Division. The Waves and Wahoos combined for some tremendous performances as the two teams battled it out right down to the final events. Along the way the Waves smashed three league records and have positioned themselves for a mid-season run to the B Division championship!

The 15 point margin of victory included four out of five relay wins for a 52-42 difference and 30 wins out of the 49 events. The Waves got off to a roaring start by winning six of the first seven events but the Wahoos were back in the race winning five of the next six.

The boys 9-18 200m freestyle relay of Alex, Anthony, Andrew and Denny Nguyen capped a fantastic day in the pool by smashing the PMSL league record, and Anthony captured two more league records in the 10-under 25m butterfly and 9-10 boys 25m backstroke. GREAT JOB boys!

The Waves triple event winners were Anthony, Alex, Andrew and Denny Nguyen. Double winners were Emily Decker, Carla Arquero and Kerrigan McMillen. Single wins went to Riley Hayes, Matt Essing, Myles Ellis, Christopher Dang, Christian Fisher, Darian Bassett, Noemi Arquero and Austin Fisher.

Congratulations to every Waves swimmer this weekend! Your times are dropping, you never give up and every one of you are helping us to win!

Elsewhere in the division this weekend, Whitehall won a key matchup with Belair Swim and Racquet 294-278 who will have to play spoiler on the road this coming weekend at Hampshire pool. Green-

belt upended Adelphi Recreation 294-279 for Adelphi's first loss. All this adds up to the Waves leading the division alone at 2-0, but with three tough matchups to come. Although BSR is off to challenging start, their year round swimmers have always made for a difficult matchup and an upset of the Waves this weekend could make for an interesting finish going into the championship meet.

The Waves and their parents got to finish off a winning weekend by soaking in a wonderful cool night with the Southern Maryland Blue Crabs and some pre-holiday fireworks. Even though the Crabs lost a tough game to the division leading Long Island Ducks, the weather was perfect and a great time was had by everyone.

This Saturday the Waves will kick off a July 4th long weekend in style hosting BSR and a shot to go 3-0 for the first time since 2009. We really need some Dads to show up at 6:30 am to help get the pool setup for the meet. The setup crew seems to get a little smaller each Summer and it's the one place we can really use the help from the Dads. We'll also need help in the snack area and with temperatures expected in the high 90's, as many timers and replacement timers as possible. It's hot out on that deck and if you can spare 15 minutes to give a timer a chance to cool off and get a drink, we'd really appreciate it.

Happy Fourth of July to all of our great kids and their families! It's the perfect weekend to invite some family and friends to the pool on Saturday to see our team compete against one of the truly legendary teams in the PMSL. BSR is always a pleasure to host and they have some tremendous swimmers. Go Waves!

**Hey Charles County, the Waves are coming...July 17th...watch out!**



# PAGE TWO: SHOOT THE CURL

## CHARLES COUNTY SWIMMING NEWS

### DID YOU KNOW?

Johnny Weismuller, who starred in numerous movies as "Tarzan" was a US Olympic swimmer and the first man in the world to swim 100 meters in under one minute. Later, he saved eleven leisure boaters who capsized on Lake Michigan!

Tracy Caulkins is the only US swimmer in history, man or woman, to hold an American record in every stroke at some point during her career.

And just one non-swimming note, the World Champion Green Bay Packers are celebrating their 13th title in the grand 90-year history of the team! Go Pack!

Week two of the PMSL 2011 season in Charles County was hot! Only one county rival other than the Waves was able to pull down a win this weekend when Hawthorne Country Club slammed Suburban Aquatic 319-198. The Smallwood Marlins had a difficult time with up and coming Roger Carter Seals dropping a 332-237 decision. Temple Hills blasted Indian Head 306-260 and Severn Crossing surprised Bannister, handing the Cudas their first loss of the season, 294-261.

Kings Landing, in Calvert County, easily dispatched Prince Georges Council 340-204. Kings Landing, with nearly 200 swimmers, will continue to move into more competitive waters next season, but their second year in PMSL is proving to be as uncompetitive

as their first 5-0 championship season. It will get tougher for them though as they slide into a C or B Division slot next season.

Among the matchups to watch this weekend in the County is Indian Head at Bannister. Bannister has a real shot at a 4-1 season this year but will need their outnumbered swimmers to really step up for the remainder of the season.

Remember, the Charles County Championship meet will be held on SUNDAY, July 17th this year. The Waves are out to seal a decade of dominance with an unprecedented 10th consecutive championship. While the Waves are undoubtedly heavier favorites than usual this season, the pressure is on to seal the deal and take home the trophy one more time!

## NEWS FROM AROUND THE PMSL

A Division this season has become a three team race with MVP, Teresa Banks and Takoma Park at 2-0 and Silver Spring, BBT and Strathmore fighting for survival at 0-2. Silver Spring is getting the full experience in their first season in the premier division as they took it on the chin yet again in a 350-201 loss to MVP. Teresa Banks and BBT engaged in one of the more exciting meets this season with TB emerging from a 287.5-285.5 thriller. Takoma easily downed Strathmore 332-246.

The highlighted meet in Division C this week was Northridge hosting Montpelier. Northridge has been rising through the PMSL ranks the last few years while Montpelier is recovering from a devastating

age out of their top swimmers the last three years. Every team goes through it, as we certainly have over the years. Northridge held on for a 291-277 win over our old friends from Montpelier.

In Division D, one of our legendary rivals in New Carrollton dropped a tough meet to rejuvenated Fort Washington 325-238. New Carrollton was our most heated rival for many years in A, B and C Divisions with most of our meets coming down to the final relay. Those were some memorable moments! Good luck to all our old rivals in 2011. Ft. Washington, Cheverly, Montpelier, New Carrollton, and Silver Spring are truly class teams and parents. We miss seeing you in our pool!

## ENDLESS SUMMER, THE LAST WORD

Just to take a moment and update everyone on a couple newly added events for the season. On July 10th, the future of our team will be on display as the 10 and unders participate in the Guppy Meet at Smallwood pool. It's been awhile since we've had a Guppy Meet and it's always fun. Get out to Smallwood on the 10th and support our young ones! Is any-

one else old enough to remember the great Shark Meets of the past? Held at night in a lit pool, rock and roll playing on the speakers and the 13-18 year olds having a ball competing against their counterparts from all over the league for prizes and medals. It's a long lost tradition that hopefully will find its way back! On July 11th, brush twice, comb your

hair and polish your goggles! It's team picture day at Waves practice. Let's see those bright smiles and missing teeth!

Thanks again to all the great volunteers we had at West Laurel. We'll need a lot of you again this week to host BSR! If you can time this meet, please see your reluctant head timer before 7:45 am!

**Waves of Westlake, Feel Our Power! County Championship!**