



INSIDETHE WAVES

The Official Newsletter of the Waves of Westlake

WAVES LOOK PERFECT AT 4-0!

2011 Season Schedule

June 18th—Greenbelt @ WOW (Win! 291-272)

June 25th—@ West Laurel (Win! 295-280)

July 2nd—BelAir Swim & Racquet @ WOW (Win! 298-270)

July 9th—@ Adelphi Recreation (Win! 315-264)

July 10th—Guppy Meet @ Smallwood

July 11th—TEAM PICTURES!

July 16th—Whitehall Pool & Tennis @ WOW

July 17th—Charles County Championship Meet

July 23rd—B Division Championship Meet

July 23rd—Awards Banquet

July 30th—All Star Meet

DIVISION STANDINGS

WAVES	4-0-0
Whitehall	3-1-0
Greenbelt	2-2-0
West Laurel	1-2-0*
Adelphi Rec	1-3-0
Belair S&R	0-3-0*

The 2010 season in A Division is a distant memory now as the 2011 Waves look to equal the success of their 2009 B Division perfect season. On Saturday the Waves battled talented Adelphi Recreation for an impressive 315-264 victory that has them just one win away from the regular season division title. Whitehall Pool and Tennis visits Hampshire pool next weekend in a final showdown for regular season supremacy. Whitehall downed Greenbelt 299-280 to move to 3-1 and take aim at the Waves just above them in the standings. Whitehall has not lost since a surprising upset to West Laurel in the first week of the season. Since then they've dispatched Greenbelt and BSR by much the same scores as the Waves. So this showdown certainly makes for an interesting finish to the season! How the final meet ends will determine where the Waves need to finish at the B Division championship meet in order to take home the title. This also marks the final home meet for the Waves for 2011 and the last time the entire team swims together so please bring out family and friends to see how it all shakes out!

On Saturday, the Waves overcame a foreign pool by capturing 33 of the 49 events, including 9 of the first 10. A DQ in the first event was all that kept the Waves from a nearly perfect meet. The Waves dominated the relays once again, winning 3 of 5 and a 50-45 scoring margin in the higher scoring events.

Triple winners this week were Anthony Nguyen, Andrew Nguyen, Carla Arquero, Alex Nguyen, Denny Nguyen, Kendall McMillen and Noemi Arquero.

Scoring a double were Emily Decker and Susan

Duncan. Single wins were posted by Myles Ellis, Abbie Belote, Darian Bassett, Christian Fisher and Austin Fisher. Great job gang!

Once again a tremendous performance in a strange pool by all our Waves!

This Saturday we'll need all of your help as we close out hosting Whitehall Pool and Tennis, one of the great all time teams of the PMSL with a number of A Division titles to their credit. WPT always brings a team large on talent and in numbers, so let's be great hosts and celebrate the end of another season in the PMSL!

This is a two-meet weekend coming, so make sure your swimmers get their rest and plenty of nutrition for the extra work. The final weekend of the PMSL season is always special with the Charles County Championships following on Sunday morning.

Congratulations to our 10 and unders who competed in the Guppy Meet on July 10th at Smallwood pool! You are the future of the team and we love to watch you learn.

Please pack light this weekend and support the snack bars at Hampshire on Saturday and then Smallwood on Sunday. The Marlins are always fantastic hosts for the county meet so lets be gracious visitors and help their team profit from the snack sales.

* The West Laurel vs BSR swim meet result was posted too late for this edition. West Laurel was trying to end a two meet slide after a win over Whitehall in their opener. Check the standings box next week to see how these two competitive teams did in their head to head match!



PAGE TWO: SHOOT THE CURL

CHARLES COUNTY SWIMMING NEWS

DID YOU KNOW?

The Waves of Westlake are 12-2 in their last 14 regular season B Division meets dating back to 2008. The best mark of any team in B Division over the last four years. In 2005-2007 the Waves were under a rebuilding program and recorded a 3-12 record in the division.

The Waves ascended to A Division in 2004 posting an impressive 2-3 record, and went winless in 2010 despite remaining competitive in all five meets.

In all, the Waves have competed in B Division 8 of the last 10 years!

Can you feel it??? The countdown is on!! It's Charles County Championship week!! The Waves are out to set an unprecedented decade of dominance in the county by claiming their 10th consecutive title. While they are heavy favorites again this season, take time out to enjoy the talent among our four County rivals this weekend. They may not have the numbers but they certainly have talent throughout many age groups in Indian Head, Bannister, Smallwood and Hawthorne Country Club.

Smallwood definitely got a solid warmup performance this weekend in shelling Pointers Ridge 344-220. It was the most impressive outing by the Marlins in several seasons. Indian Head also earned an important win with a 292-248 win over PG Council

and Hawthorne downed PG Pool by a 295-242 mark. Bannister came out on the short end of a 311-256 loss to Temple Hills. While our four rivals finish their division regular seasons this Saturday, their eyes will be on the big prize—an upset of the Waves on Sunday to steal away the coveted CC trophy!

Our neighbor in Calvert, Kings Landing, moved to 4-0 on their impressive season with a 308-255 victory over Severn Crossing. Kings Landing has yet to lose a regular season meet going 9-0 in its second season. Expect them to become a rival soon as their future is bright and moving up to B Division cannot be far away. With nearly 200 swimmers, Kings Landing appears headed to become one of PMSL's elite 12 teams soon!

NEWS FROM AROUND THE PMSL

Life in A Division got a little more exciting this weekend as Maximum Velocity Propulsion—our old friends from the Lab School in DC—took it to previously undefeated Takoma Park 297-279! The win by MVP spoiled what was to be a showdown between 4-0 teams but now only Theresa Banks stands alone at the top. With Takoma hosting TB this weekend, it could get very interesting, as MVP should climb to 4-1 this weekend and it will be an incredible division championship between those three top notch teams. BBT, Strathmore and Silver Spring will play the spoiler role stealing key points away. Stay tuned to this column next week to see how it all works out in the league's top division! Good luck MVP, Takoma and Theresa Banks!

Marlton Swim and Racquet has dominated C Division all season and this past weekend was no different with a 300-275 win over West Arundel.

In Division D, it will come down to a wild finish with Russett Sharks, Roger Carter Seals and Fort Washington battling for the division crown.

The PMSL is set for a fantastic final regular season weekend in all seven divisions. Only to be outdone by a Saturday full of division championship meets at seven host pools on July 23rd.

Be on hand at Whitehall as the best of the Waves takes on our five division rivals for bragging rights to the division!

ENDLESS SUMMER, THE LAST WORD

Where has the Summer of 2011 gone? We're already coming down to the last home meet of the season. After Saturday, the Waves will grow a little smaller in numbers as swimmers advance to the county championships, division meet, and All-Stars. New Waves parents take a moment and ask your young swimmers if they had fun this season. Encourage them to

stick with it if their season wasn't exactly as they hoped. We all went through those first few years where our kids struggled just to finish a 25 meter event, but they didn't quit, and now we see them growing into fine young women and men leading the young ones by the hand around the pool. We want all of our Waves to come back next season and beyond.

The youngest swimmers are our future and we'll be celebrating their progress each step of the way. Thanks to all of you who made this season the best of all by giving your time to volunteer. There's still one last chance to make your own mark on this team this Saturday or to run for a team board position at the awards banquet! Do it for the Waves!

Waves of Westlake, Feel Our Power! County Championship!