



INSIDE THE WAVES

The Official Newsletter of the Waves of Westlake

2009 DIVISION B CHAMPIONS!

2009 WAVES SCHEDULE

JUNE 20—Silver Spring Tsunami @ WOW (WIN 285-200)

JUNE 27th—WOW @ Greenbelt (WIN 332-231)

JULY 4th—BelAir Swim & Racquet @ WOW (WIN 313-263)

JULY 11th—WOW @ Whitehall Pool & Tennis (WIN 325-244)

JULY 18th—Montpelier @ WOW (WIN 331-244)

JULY 19th—Charles County Championships! (WIN! 8 STRAIGHT!)

JULY 25th—Division B Championship Meet (WAVES WIN!)

JULY 25th—Awards Banquet

AUGUST 1st—All-Star Meet

2009 B Division Championships

Westlake	300.5
Silver Spring	199.5
Belair S&R	189
Montpelier	185
Greenbelt	160
Whitehall	154

One meet stood in the way of a perfect season for the Waves of Westlake. A daunting task to be sure, as the six solid teams that make up the PMSL's B Division sent their best to Belair Swim and Racquet on Saturday for the Division Championship. Westlake rolled in after a 5-0 regular season with Belair on their heels at 4-1. It would take one more meet to determine the winner of the division's banner, and the Waves knew it would not be easy.

It wouldn't be until event 7, the boys 13-14 50m butterfly, that the Waves would get their first victory of the day behind Cole Holloman's tremendous finish. The Waves would post twelve more first place finishes during the meet, and set ten records enroute to an outstanding victory that placed an exclamation point on the 2009 Summer swim season. For the season, the Waves finished with a 5-0 record, won the Charles County title for an unprecedented eighth consecutive year, and won the division championship meet. What a season!

The Waves rode the same formula they used in the regular season on Saturday, by taking big points in the meet's first two relay events. The boys 18 & under 200m Medley Relay team of Matt Cooke, Zack Stephens, Trey Lutich and Jamie Hibbert set a Waves record time and took second place behind Montpelier for 10 points. The girls 18 & under 200m relay team of Kendall McMillen, Ebony Sherrill, Amelia Tarlton and Kelsey Hare then countered with a 10 point second place finish and a new Waves record.

Not to be outdone, the mixed 8 & under 100m

freestyle relay team of Matthew Thon, Katalina Martinez, Emily Decker and Anthony Nguyen took 14 points and a win in event 47, while the boys 9-18 200m freestyle relay team of Andrew and Alexander Nguyen, Cole Holloman and Trey Lutich set a Waves record in taking second.

Other records set Saturday included Ebony Sherrill's WOW record in the 15-18 50m fly; Anthony Nguyen's WOW record in the 8 & under 25m Free; Noemi Arquero's two WOW records in the 11-12 50m free and 50m back; Katalina Martinez' WOW record in the 8 & under 25m free; and Andrew Nguyen's WOW record in the 9-10 25m back and his BSR pool record in the 25m breast stroke.

Double event winners for the Waves were Cole Holloman, Ebony Sherrill, and Anthony Nguyen. Single winners were Noemi Aquero, Spencer Gruwell, Alexander Nguyen, Andrew Nguyen, Austin Fisher and Susan Duncan.

The Waves took second place in 17 events pushing the winning points margin to 101 points, one of the largest margins of victory in the Division since 2000.

What started on a stormy Saturday morning in June as the Waves rolled with the thunder in a win over Silver Spring, then followed with impressive victories in the next four weeks over stellar division opponents, could easily be called one of the best seasons in Waves history. The smallest margin of victory all season was 50 points against a very tough BSR group. What could be even scarier is that if the Waves are able to retain this group of talented swimmers for 2010, this team could be even stronger.

I believe the outgoing team president, John Stephens, stated in his opening speech of the 2009 season, that this team cannot succeed without every swimmer doing their best, no matter if that's first place or eighth place. He was correct. Every swimmer, whether you finished first, second, or last, gets to lay an equal claim to the success of the 2009 team, and you all should be proud. You joined together as a team in early June, grew together as a better team by late June, and won championships together as a great team in July. Congratulations to all of you! You all deserve to be called DIVISION CHAMPIONS!!

WAVES MAKE HISTORY! FIRST COUNTY TEAM TO CAPTURE 8 STRAIGHT COUNTY TITLES



2009
GO WAVES!

NEWS & NOTES FROM AROUND THE LEAGUE



Saturday was the day for all Division Championships to be held from the elite six in Division A through Division G, and there were some great finishes to the 2009 season all over the PMSL.

In Division A, Takoma Park easily won the division championship over MVP, Theresa Banks, Strathmore Bel Pre, Belair Bath and Tennis, and West Laurel. The big surprise in the A final meet was Theresa Banks' strong third place finish just behind MVP, and a disappointing 5th place finish by Belair Bath and Tennis after posting a 4-1 finish in the regular season.

In C Division, Adelphi put a strong statement on moving up as they coasted to an easy division meet win over New Carrollton and West Arundel. Northridge, Marlton, and Cheverly rounded out the finish there.

A close finish in D Division! The Roger Carter Seals outscored the defending champion Russett Sharks 257-243 to take

the division crown. Smallwood took third, just two points ahead of Indian Head to gain a small measure of revenge for a reverse finish at the County meet. Ft. Washington and Pointers Ridge finished 5th and 6th.

In E Division, the impressive 2009 season for Kingfish Swim Club concluded with a title as they outswam Prince Georges Council, Bannister, Hawthorne CC, and Brandywine. For Hawthorne, the devastating duo of McKenzie Olup and Haley Horkey racked up six wins, and Bannister's Jake Scannapieco took a first and two seconds.

F Division crowned Severn Crossing as its Champion for this season, and Suburban Aquatic took the title in G Division. A great 50th season for the PMSL!

DID YOU KNOW?

FINA, the international board governing competitive swimming throughout the world, ruled last weekend that all "super suits"

such as the Jaked I would be illegal

for competition immediately

following the World Championships

in Rome this week.



"Sir, I represent Euro-Speed Swimwear™. We're prepared to offer you \$1,000 to never wear one of our suits again."

Thanks to Al Cooke for this submission!

A TIME TO SAY GOODBYE & THANKS!

It's never easy to say goodbye to friends and teammates, but every swim season must end, making the next time we all meet that much more fun. It's been a fantastic season for our kids, and hopefully the parents had some fun too through all the hard work.

We can't say goodbye without thanking everyone who volunteered throughout the season. Stephanie Duncan and her crew did an incredible job at the banquet didn't they? The decorations were beautiful, the food and drinks were top notch, and the kids truly had a great time despite the thunderstorms that cut the swimming a little short.

Personally I want to thank everyone who made my tenth season as a Wave parent the best ever. From the Dads who endured the announcer's bad jokes—although Tom Belote really did deserve the best legs on deck trophy again this season—to the snack bar crew who made sure I always had a

fresh Walking Taco before they sold out, to all the parents who got announcements to me and reminded me that there were suits for sale at the front gate! This team is special to my family, and hopefully to yours too. And it's a pleasure to be a part of this extended family for three months out of the year. But the Waves are alive and well during the off-season, so stay tuned occasionally throughout the Fall and Winter as this newsletter brings you up to date on some of the happenings in and around the PMSL. I bet there may be a special announcement in April when the seedings meeting is completed to see who we'll be facing off with in 2010. Don't forget to see how our All-Stars made out on princemont.org! Thanks too to the Southern MD Blue Crabs who opened up their park to us for five big fundraisers again this season!

Have a great Fall and Winter everyone!!

WAVES OF WESTLAKE, BEST IN THE COUNTY, BEST IN THE DIVISION! A PERFECT 2009 SEASON!!

For late-breaking Waves news: www.wavesofwestlake.info