

Next Meet at Northridge!!.....7/17 vs. Marlton

TEAM PICTURE RESCHEDULE TO THIS SATURDAY!!!

Please try to arrive by 7:15am. Warmups following at 7:45.

Parents, please make sure you have signup for donations for the concession stand!!

Parent Meeting Next Monday - July 19 6pm

Awards Party - Sunday July 25th 5:30pm

GO NEPTUNES!!!

Practice schedule

Monday through Friday

Seniors 7am - 8:30am

Juniors 8:15am - 9:30am

(please bring running shoes)

Monday, Wednesday, Friday

Instructional Minis (Coach Nick) 5:30pm - 6:20pm

Tuesday, Wednesday, Friday

Advanced Minis (Coach Susan) 5:30pm - 6:20pm

Please contact us at nrstswims@gmail.com for more information or to be evaluated for the team!! Go Neptunes!

About

Address:

Online:

Contact:

